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Independent Living

Seniors in independent living are self-sufficient and are able to live at home with confidence. Though they are able to live on their own, they may want to live in a community with other similar aged persons with the same type of interests.

Assisted Living

Assisted living is for seniors who may still want to live alone but may need assistance to live safely. There may be medical, aging, or memory issues that reduce a senior's ability to live safely without help.

Nursing Home

Skilled nursing care is for seniors that have medical or aging needs that require a skilled medical professional, supervision, or 24/7 care. Nursing homes are also for seniors that may need short or long-term rehabilitation services.

Continuing Care Retirement Community

Seniors in CCRCs may need any level of care. CCRCs range from independent living to skilled nursing care. Some communities will also have memory care units as well. Seniors who choose CCRCs want a continuum of care available as they age. This allows them to age and get more services as they are needed without having to move to a new community.

Personal Home Care (nonmedical)

Nonmedical home care services are great for seniors that do not need medical assistance. Personal home care is ideal for seniors that want to remain in their home, but may need help with meals, hygiene, entertainment, or transportation.

Medical Home Care

Seniors wishing to remain in their homes can choose home care regardless of what their needs are. There are many home care agencies that can pair you with aides or nurses for various needs.

Memory Care

Seniors in memory care, or Alzheimer's care, benefit from specialized programming and supervision necessary for those with dementia. Seniors in memory care are not able to safely manage living at home, and typically need constant supervision.

No Need To Move Out

Seniors that are able to safely manage living at home independently and complete their activities of daily living do not need to move out of their home if they do not want to.